Tune In

Singing for Wellbeing



🖕 Uplifting, nourishing singing sessions 🚖



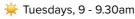
Embrace, support & free your voice!

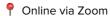
Join online from the comfort of home With Natural Voice Practitioner Mary Denn

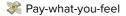
ONLINE GROUP SESSIONS:

RISE & SING!

Morning song share







Half an hour of uplifting singing to start your day with a song in your heart 💛



Find joy, energy and connection as we bring awareness to the breath whilst gently waking up the body and voice.

HEART SONGS

Evening singing circle

Thursdays, 7 - 8pm





Relaxing, nourishing sessions with songs to soothe the soul and lift the spirits 🐆



Find calm, feel part of a supportive online community and connect to your breath, body and voice in ways that feel good for you.

To register, contact Mary:





Website: https://tuneinwithmary.wixsite.com/home Instagram / Facebook: @tuneinwithmary

- Your first session is free to try!
- Every voice is welcome to tune in (ages 18+) and all songs are taught by ear in an inclusive way (with lyrics being sent out along with the Zoom link by email prior to the session).
- Sessions involve mindfulness relaxation, breath and body awareness, vocal exercises and of course singing! Songs from a variety of styles including heart-opening harmony songs (with multi-track recordings), world music and folk songs. Tune In's repertoire includes original songs written especially for the group by Mary.
- When singing together, we turn microphones off so you can really let go!



o Tailored 1-2-1's also available - please contact Mary to arrange a call.